

MIDDLE SCHOOL CROSS COUNTRY

District Meet - Tuesday, Sept. 19, 2023

District 1 and District 2 Meets

When: Tuesday, Sept. 19, 2023
Where: Angel Mounds Cross Country Course - 3K Race
Admission: **\$2.00 Adults/\$1.00 students**
Time: 4:30 p.m. - District 2 Girls Race
4:50 p.m. - District 2 Boys Race
5:10 p.m. - District 1 Girls Race
5:30 p.m. - District 1 Boys Race

(Start times are approximate beginning with second race)

District 1 Teams - Cedar Hall, Lincoln, Helfrich Park
Perry Heights, Thompkins

District 2 Teams - Glenwood, North JH, McGary, Lodge,
Plaza Park, Washington

District Information - The district meet will serve as a qualifier for the City Meet on Tuesday, Sept. 26, 2023

1. Entries must be emailed to my office by **Mon., Sept. 11**
(Please include first and last name and grade level)
2. Each boys and girls team may enter unlimited participants.
3. District meet ribbons will be awarded 1st thru 15th place. The top **ten (10)** boys and girls from each team will advance to the City Meet, along with any individual who places in the top **fifteen (15)**

City Meet - Tuesday, Sept. 26, 2023

City Meet

When: Tuesday, Sept. 26, 2023
Where: Angel Mounds Cross Country Course - 3K Race
Admission: **\$2.00 Adults/\$1.00 Students**
Time: 4:30 p.m. - Girls Race
4:50 p.m. - Boys Race

City Information - Entries determined by District qualifiers. Each school's ten (10) boys and girls will advance, along with the any individual who places in the top fifteen (15).

1. City meet ribbons will be awarded 1st thru 15th place. Team ribbons will be awarded 1st thru 5th place.
2. Medals will be awarded to the top individual sixth, seventh, and eighth grade champions.

Meet DirectorLekita Hart
StarterDale Naylor
TimerAndy Owen
Scoring.....Lekita Hart
Place & Chute JudgesMiddle School Principals
Awards TBD

RACE DAY MEET INSTRUCTIONS:

- Report to scorer's area to receive score card.
- As runners cross the finish line, they will be given a place card as to where they finished in the race. Runners will give to you (coach) the place card to be entered by their name on the score card.
- Record all your runner's places, but tabulate your team score by adding up the first five finishers.
- Turn in the score card at the scorer's table once you have entered the place of each of your runner's and tabulated your team score.
- Completed results of the race will be emailed next day.